

Course Contents & Prerequisites

- Patient assessment
- Chest injuries
- Shock
- Head (brain) and spinal injuries
- Bone and joint injuries
- Wounds and wound infection
- Abdominal problems
- Hypothermia
- Heat problems
- Lightning
- Altitude illnesses
- Submersion incidents
- Allergies and anaphylaxis
- Wilderness first-aid kits
- Scenarios

Prerequisite: ALL PARTICIPANTS must have a CURRENT CPR CERTIFICATION as of the date of the course

All BSA High Adventure Bases now require a WFA certified leader in each crew. That is, ANY approved WFA training course where the certification is still current (typically 2 years) will qualify.

The change from past years is that the training must now be a *Wilderness First Aid* course, not simply a First Aid course.



Boy Scouts of America

The Steps to Becoming a Trained Leader



Step 1 - FAST START TRAINING

Take the Fast Start Training Course, at home within two weeks of signing on as a Leader. You can take the course On Line, or request a video from the Scout Office.

Step 2 - BASIC LEADER TRAINING

Basic Leader Training comprises two parts: This is Scouting for all unit-level leaders and Leader Specific training, which is based on the leader's unit-level position.

After you complete the online "This is Scouting" course you'll move into the training that is specific to your position - such as Den Leader, Committee Member, etc. This takes about 2 hours and is held throughout the year at various locations within the council.

Step 3 - OUTDOOR LEADER SKILLS

If you are in Boy Scouting, or are a Webelos Leader / Assistant Leader, then you'll need to complete your Basic Training with this outdoor experience - usually over a weekend at one of our camps.

Extra - SUPPLEMENTAL TRAINING

Continuing training is offered at Roundtables, Pow Wows, and additional training events as scheduled. Attend the Roundtables! That's where you get new and up to date info & ideas for your program.

Extra - WOOD BADGE for the 21st CENTURY

Wood Badge is the next-highest 'Mountain-top' experience of training and being an adult leader. The course is offered every 18 months and is taken over 2 weekends. Check the Wood Badge page on the council web site for course info.

Extra - BECOME A TRAINER

The course "Trainers EDGE" provides you tools and techniques for delivering training to others. This course is required for all Wood Badge Staff and NYLT staff and is highly encouraged for unit leaders, SPLs, and all those who staff council training courses.

Wilderness First Aid



Training for High Adventure Leaders Knox Trail Council

For Course Dates and Locations please go to the Council Training website at

<http://www.ktc-bsa.org/training>



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What is it?

Wilderness First Aid (WFA) is the assessment of and treatment given to an ill or injured person in a remote environment where definitive care of a physician and/or rapid transport is not readily available. A BSA-led task force has developed WFA doctrine and curriculum. Participants will learn how to assess, treat, and (when possible) contain emergencies within the scope of their training. Youth and adult Scout leaders over the age of 14 are invited to participate and earn their certification.

The BSA wants to do all it can do to promote awareness of this course, and help as many Scouts and leaders as possible take the course and earn certification as a WFA practitioner.

Why is this important?

This course goes far beyond what you may know as “first aid.” While it contains substantial medical information and teaches skills required for medical emergencies in the wild, the deeper purpose is to train participants to manage acute situations. The bottom line is this: better decision-making at the incident scene miles from base facilities can save valuable time and human resources. It can save lives, too.

Who is it for?

Youth and adult Scout leaders are encouraged to take this first-aid course, which offers a management dimension that most curriculums fail to address. Scout leaders will likely find it the most valuable program they’ll ever take.

The first thing you’ll learn to do in this course is establish control

Emergencies, big or small, may be charged with emotion and confusion. Even minor chaos increases the risk of injury to rescuers and bystanders, as well as the risk of inadequate care for the patient. Emergencies most often call for a leader to be directive, at least until the scene is safe and the patient is stabilized. This is best accomplished by discussing leadership in case of an emergency with other members of your party *before* a potentially critical situation occurs.

Wilderness First Aid

You are 2 days out on your trek,
And then it happens...



ARE YOU READY?

16 hours of classroom and hands on instruction will give you the skills you may need, and a 2 year certification!

“When an emergency occurs in the wild, the goal must be to provide the greatest good for the greatest number in the shortest time, and do no harm in the process.”

*Every Scout deserves a
Trained Leader*

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